

MARCH 2021



Expanding Addiction Treatment Services Post- COVID

PRESENTED BY

Assisted Recovery Centers of America, LLC

PRESENTED TO

Missouri Department of Mental Health

OUR COMPANY

ARCA was started in St Louis in 2001 to integrate evidence-based medical services for the treatment of addictive disorders. ARCA's expertise in outpatient medical detox and stabilization is recognized as a strong complement to behavioral therapies and as such ARCA was granted limited CSTAR status in 2008. With new times, come new challenges. As our region has responded to COVID, ARCA has answered the call without any interruption, transitioning our robust minimum-contact protocols for in-person clinic visits to virtual visits, and, when required due to a patient's lack of access to technology, visits over telephone. Telemedicine, the specialty of ARCA, has changed the way treatment is provided for addictive disorders and psychiatric care in Missouri.

At current funding levels, at the current pace, ARCA anticipates reaching capacity of the allocation by August 2021

ADDITIONAL FUNDING WILL SUPPORT REGIONAL RESPONSE:

- Expand capacity to serve the black community in North St. Louis and region.
- Increased SOR Admissions through the Welcome Center
- Increased Retention in SOR Treatment
 - Increased Service Costs
 - Increased Medication Costs
- Establishing "Low Barrier Access" Welcome Center (Opening 3/15/21)
- Ensuring patients have access to services beyond harm reduction. Thrive, not just survive.
- Additional funding will help to prepare for the surge in patients driven by COVID

SAVINGS

ARCA's care has saved Missouri Hospital systems approximately \$6.6 million in life-saving medical care for overdose survivors.

\$6.6M

71% Show Rate

656 Scheduled New Patients in 90 days

(without any new outreach methods such as church outreach etc.)

23,203 Patient Contacts

90 Days

2,932

PATIENTS

Actively Enrolled Patients

35

CLINIC SITES

ARCA provides central services through collaborations, with partners throughout Missouri.

23,203

VIRTUAL

Virtual patient encounters since Jan 1 to present

ARCA employs a "no wrong door" philosophy with patients. We will treat the patient and stabilize them then transition them to another program if necessary.

DAILY PATIENT AVERAGE

Between Jan 1 to present on average 85 patients are seen daily.

85

12-15 New Patients Daily in the Eastern District

A MORAL OBLIGATION TO OUR PATIENTS AND UNDERSERVED COMMUNITIES

ARCA developed contingency plans to ensure that there is no interruption to the critical medicated assisted treatment services provided to our patients combatting opioid addiction and substance use. This prepared our organization to continue providing the life-saving medical care that ARCA is known for in addiction medicine.

ARCA understood that any interruption in addiction treatment jeopardizes patient stability and can have significant health impacts to our patients. ARCA worked with our state and local Departments of Health and community partners to ensure no interruption in services. Additionally, ARCA absorbed clients who experienced treatment disruptions due to their treatment organization not seeing patients.

ARCA continued to enroll new patients displaced when other organizations shut their doors, created a "first of its kind Opioid Clinical Street Outreach program to meet patients in the community, and provided technical assistance to assist partners with resuming operations by using tele-health. We also moved all enrollment paperwork online and made access to care even easier for patients.

ARCA BEST POSITIONED TO ASSIST FAITH COMMUNITY IN TREATMENT DESERTS

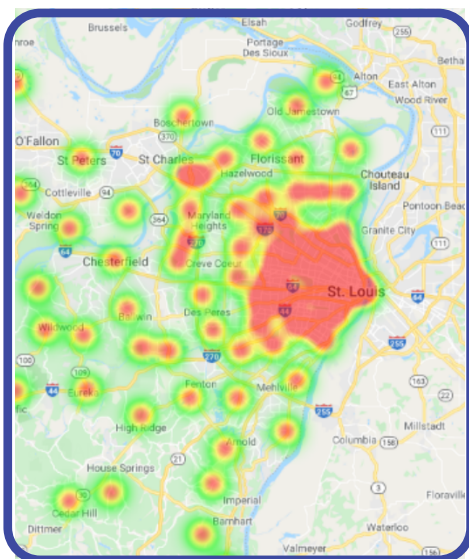
Table 1. All Drug Overdose Deaths by Region, Sex, and Race

Quarters 1, 2, 3 (January-September)															
All Drug Overdose Deaths															
Region	Total			Male			Female			Black			White		
	2019 (N)	2020 (N)	Change (%)	2019 (N)	2020 (N)	Change (%)	2019 (N)	2020 (N)	Change (%)	2019 (N)	2020 (N)	Change (%)	2019 (N)	2020 (N)	Change (%)
Central Region	99	135	36.36	64	86	34.38	35	49	40.00	*sup	*sup	350.00	94	116	23.40
Kansas City Metro	160	184	15.00	99	120	21.21	61	64	4.92	31	38	22.58	122	140	14.75
Northeastern Region	27	21	-22.22	15	8	-46.67	12	13	8.33	*sup	*sup	--	23	21	-8.70
Northwestern Region	17	32	88.24	9	18	100.00	8	14	75.00	*sup	*sup	--	17	30	76.47
Southeastern Region	76	105	38.16	48	62	29.17	28	43	53.57	7	6	-14.29	68	98	44.12
Southwestern Region	123	142	15.45	77	98	27.27	46	44	-4.35	*sup	*sup	133.33	118	132	11.86
St. Louis Metro	647	765	18.24	433	544	25.64	214	221	3.27	221	295	33.48	418	461	10.29
Missouri Total	1149	1386	20.63	745	938	25.91	404	448	10.89	268	367	36.94	860	999	16.16

Increases in overdose deaths in first three quarters of 2020: Takeaway Points

- Overall, drug overdose deaths increased about 21% in the first three quarters of 2020 compared to 2019
 - Deaths among males increased 26%, compared to 11% among females
 - Deaths among Black people increased 37%, compared to 16% among White people
- The Northwestern Region had the largest 2019-2020 percent increase in total drug overdose deaths (88%).
- The Northeastern Region had the only 2019-2020 percent decrease in total drug overdose deaths (-22%).
- The St. Louis Metro region accounted for approximately 55% of all drug overdose deaths in Missouri in 2019 and 2020.
- The St. Louis Metro Region accounted for approximately 80% of all drug overdose deaths in Missouri among Black individuals.
- Overdose deaths involving a combination of opioids and stimulants increased by approximately 82% statewide between 2019 and 2020.
- Statewide 2020 increases in opioid-involved and stimulant-involved drug overdose deaths were similar, both about 30% higher than 2019.
- Opioid-involved drug overdose deaths represent the majority of total drug overdose deaths in Missouri (about 75% of deaths involve opioids).

ARCA Partnering w/
community partners
church outreach in Black
Communities



Treatment Deserts

Treatment Deserts are areas with low or limited access to substance abuse treatment options within communities which are the most impacted by substance use. These communities experience disproportionately high rates of overdose, death and other health comorbidities. ARCA believes in the autonomy of these communities and that ALL responses must be driven by the impacted communities.

21%
Active Clients Reside
In "Treatment Deserts"

No one should have to wait for addiction treatment!

In the 20 years, ARCA has expanded to meet the demand. Initially, services started in St. Louis City. Working with the Department of Mental Health, services were expanded to rural Missouri. Now, driven by the data and the need, we are focusing on communities with treatment deserts, assisted by the faith communities.

In 2020, we launched our street outreach program which was highly effective in engaging and retaining individuals seeking addiction treatment. ARCA is working with community partners to share technology and best practices for their programs. We have moved into the technical assistance role.

Welcome Center

The Welcome Center seeks to humanize those living with addiction, and to make treatment attractive.

- Opens March 15
- Located at 1430 Olive in Downtown St. Louis
- Proven Concept based off our current clinical practices
- Low Barrier Access
- Dedicated Interdisciplinary Team
- Able to accommodate walk-in's at a much higher rate than we currently do.
- Will work in tandem with our on-site pharmacy, GENOA.



FOR IMMEDIATE RELEASE

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ADDICTION TREATMENT CLINIC RESPONDS TO SURGE IN SUBSTANCE USE IMPACTING THE BLACK COMMUNITY.

Downtown clinic expands services to address rapid increase in deaths from substance use and mental illness driven by COVID-19.

Saint Louis, Missouri- March 5, 2021 Assisted Recovery Centers of America, (ARCA) is expanding services in downtown St. Louis on March 15th in response to alarming increases in overdose numbers disproportionately impacting St. Louis' African America community. ARCA's new "Welcome Center" will offer on-demand treatment, minimal wait times and a full interprofessional team. "COVID 19 has brought into sharp focus the immense stress our region is experiencing, and ARCA continues to answer the call to address substance use in our region", says CEO Percy Menzies.

The latest provisional overdose numbers reflect a 52% increase in opioid related deaths in the black community, statewide. According to the Center for Disease Control and Prevention, annually there is on average 50,000 overdose-deaths in the United States. Since March 2020 there have been approximately 100,000 overdose-related deaths.

"While treatment agencies have the best of intentions in trying to keep the doors open and the services flowing, COVID-19 has prompted a moral obligation to innovate. We have to work with our communities and our patients to find ways to make treatment attractive. The Welcome Center is a step in that direction—prompt care, minimal barriers, and an attractive environment in which to initiate treatment," says ARCA's Medical Director, Fred Rottnek, MD, who is also a Professor and Program Director of the Addiction Medicine Fellowship at Saint Louis University.

Founded in 2000, ARCA is the largest provider in Missouri of medicated assisted treatment, used to treat opioid use disorder. Additionally, ARCA provides treatment for all substance use disorders and mental health disorders. ARCA provides clinical support to more than 33 clinical partners across Missouri, in collaboration with the Missouri Department of Mental Health.

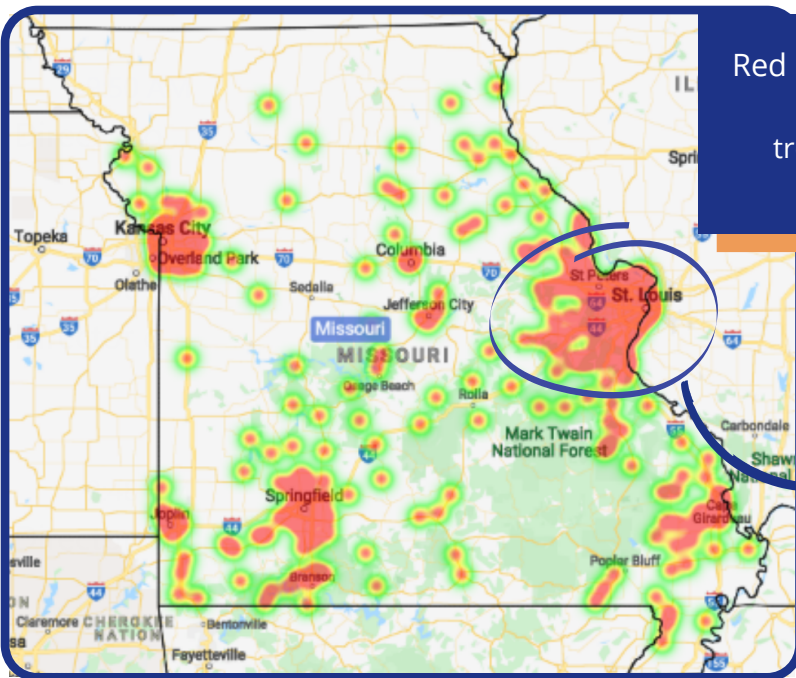
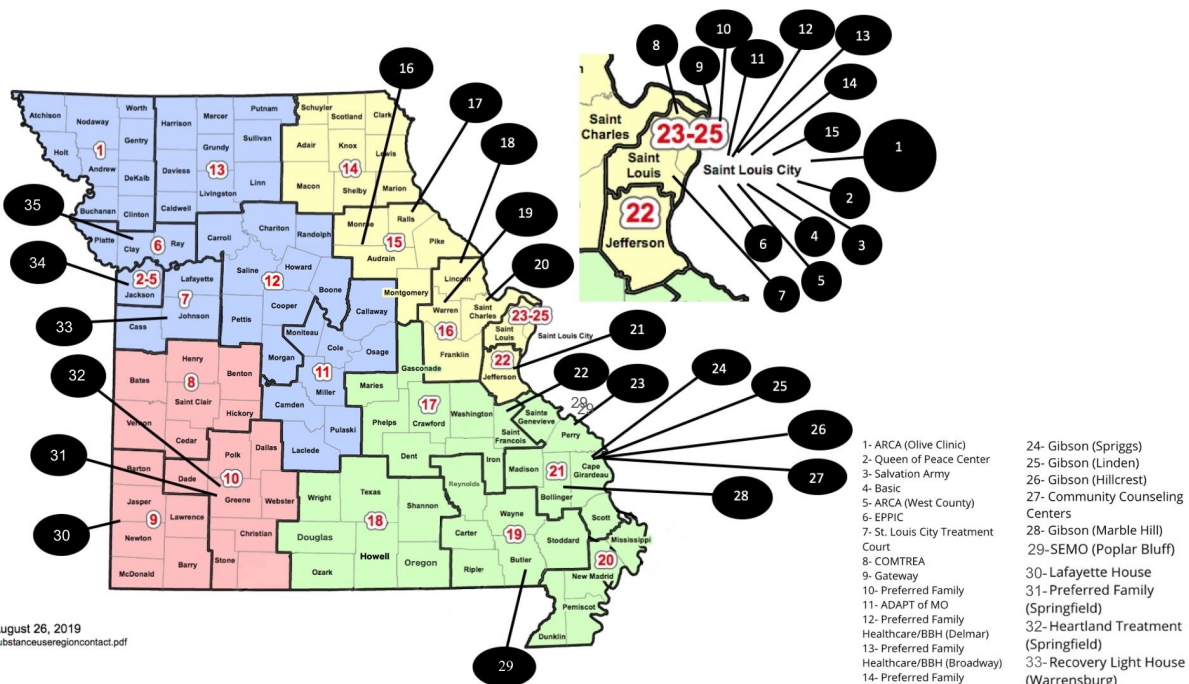
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If you would like more information about this topic, or to schedule a tour of the clinic at 1430 Olive, please call Percy Menzies at 314-496-8211 or email pmenzies@arcamidwest.com.

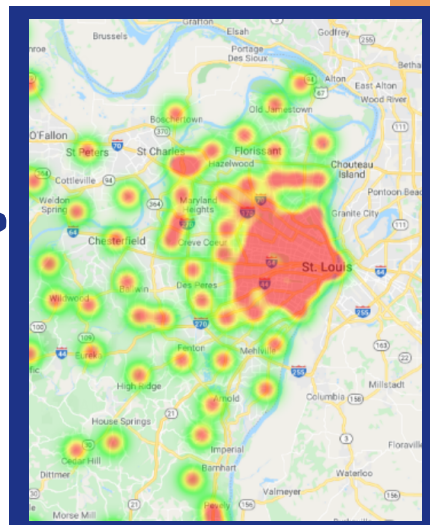


ANSWERING THE CALL FOR RURAL AND NON-RURAL MISSOURIANS

ARCA TELEHEALTH COVERAGE MAP

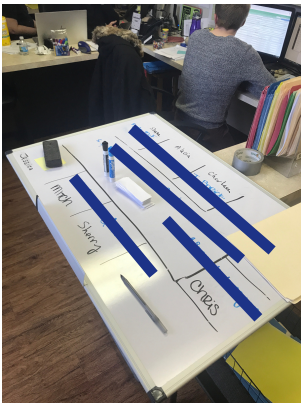


Red shows the highest concentration of patients receiving treatment from ARCA (or an ARCA supported provider).



ARCA: Not just a response... a response guided by the data.

INNOVATIVE RESPONSE FOR COVID & BEYOND

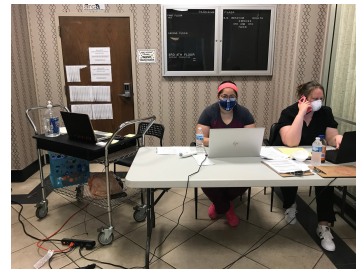


(March 16,2020) ARCA implemented contingency management and issues emergency protocols.



(March 26,2020) ARCA works with community partners to ensure continuity of patients as their operations are impacted.

(March 27,2020) Scaled up online/tele-health inductions-leading the region and sharing protocols



(April 6, 2020) Offices continued to stay open after 1st confirmed COVID patient. Front line staff triage and assess clients needing MAT.

By mid-April A majority of programs, except ARCA have slowed/stopped new admissions in Eastern District



Deployed a Licensed Social Worker, a Medical Doctor and CPS to community settings.



Katherine Austman, MD, SLU Addiction Fellow works with patients out in the community.



Fred Rottnek, MD (ARCA Medical Director) & Aaron M. Laxton, LMSW present findings to improve national body of knowledge.

(April, 2020) Formalized MOU with City of St. Louis to provide MAT in shelters funded by the city.

Improved Technology Infrastructure

ARCA has scaled up and created a robust telehealth system which has driven up show rates to more than 71%

8,500

(March-August) Total number of virtual patient visits (not included collaborator totals)

23,203+

(1/1/21-Present) Total number of virtual patient visits (not included collaborator totals)

Church Outreach

Welcome Center Opens (March 15,2021)

ARCA COLLABORATING WITH R&R TO ADDRESS TREATMENT DESERTS IN FERGUSON AREA (FALL, 2021)

R&R in Ferguson



REFUGE & RESTORATION